

## KEY STAGES 1 AND 2 SELF-AWARENESS

Self-Awareness – We will be able to:						
	Encountering	Foundation	Core	Development	Enrichment	Enhancement
SA1 – Things we are good at	<p>Respond with curiosity to stimuli about the ways in which we are special.</p> <p>Respond with curiosity to stimuli about our family.</p>	<p>Describe ourselves – recognising that there is self and there are others.</p>	<p>Identify things we are good at (strengths/talents).</p> <p>Describe the ways in which we are special and unique.</p>	<p>Describe things that we enjoy or that make us feel happy.</p> <p>Identify what we are good at, both in and out of school.</p> <p>Recognise that being unique means we might like and be good at different things from other people.</p>	<p>Describe and demonstrate things we can do well and identify areas where we need help to develop.</p> <p>Identify hopes/wishes for our future lives.</p>	<p>Identify things we can do for ourselves to help us develop our strengths and those areas where we need help from others.</p> <p>Identify own hopes/aspirations; explain in simple terms how we might achieve them.</p>
SA2 – Kind and unkind behaviours	<p>Respond with curiosity to stimuli about what anger is and what being angry feels like.</p> <p>Respond to stimuli about what feeling upset means.</p>	<p>Describe what feeling angry means.</p> <p>Describe what feeling upset means.</p> <p>Recognise that behaviour which hurts others' bodies or feelings is wrong.</p>	<p>Identify when people are being kind or unkind – either to us or to others.</p> <p>Give examples of how our feelings can be hurt.</p> <p>Describe how this may make us feel angry, worried or upset.</p>	<p>Identify what teasing means and how people who are teased might feel.</p> <p>Give reasons why teasing or name-calling is not acceptable.</p> <p>Identify what we can do if others are excluding us or being unkind.</p>	<p>Explain what is meant by hurtful behaviour and bullying (including verbal, physical and emotional, e.g. uninvited/exclusion).</p> <p>Recognise that this can happen online.</p> <p>Describe and/or demonstrate what we can say or do if we or someone else is being bullied.</p>	<p>Explain that all bullying is abusive and some can be prejudice based (e.g. because of someone's skin colour, religion, the way they look, their disability or their family setting).</p> <p>Recognise that this is unacceptable behaviour and that a trusted adult needs to be told about it.</p> <p>Identify different positive responses we can take towards unkind behaviour and bullying.</p>

# Framework Re 1 Pupils

**H Kauffman**



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