

Symptoms of **HEART PALPITATIONS**

Sensation of
fluttering, pounding,
or racing in the
chest

Feeling like your
heart skipped a beat
or has an extra beat



Brief episodes of a
fast or irregular
heartbeat

Chest discomfort or
pain accompanying
palpitations

Rapid heartbeat
(tachycardia)

Heart Palpitations

RC Schank



Heart Palpitations:

Discover tales of courage and bravery in Explore Bravery with is empowering ebook, **Heart Palpitations** . In a downloadable PDF format (*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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