

WORLD HEALTH DAY ACTIVITIES

ACTIVITIES	LOCATION
Health screenings	Hospitals, Clinics, Online
Awareness campaigns	Community Centers, Schools
Educational seminars and workshops	Community Centers, Schools
Free health check-ups	Local Health Clinics
Fitness events (walkathons, marathons)	Parks, Streets
Community health fairs	Community Centers, Parks
Distribution of health resources	Public spaces, Health Centers
Public talks from health experts	Hospitals, Online
Health workshops on nutrition and lifestyle	Community Centers, Schools
Mental health awareness activities	Community Centers, Parks
Yoga and meditation sessions	Community Centers, Parks
Health and wellness product showcases	Public spaces, Health Centers
Mobile health clinics	Local Health Clinics
Free dental check-ups	Local Health Clinics
Organ donation registration drives	Hospitals, Clinic
First aid training sessions	Community Centers, Schools
Physical therapy demonstrations	Hospitals, Clinic
Blood donation drives	Hospitals, Clinic

Health Happy Days

Sebastian Brünink



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