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**Why the Conventional  
Pregnancy Wisdom  
Is Wrong—and What You  
Really Need to Know**

# Expecting Better

**EMILY OSTER**

*New York Times* bestselling author of *Cribsheet*

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weight might  
be safer  
than gaining  
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and cheese  
aren't so  
bad—but  
gardening  
could be*

*Why bed rest  
is a terrible idea*



# Expecting Emily

**Yijin Wang**



**Expecting Emily:**

## Unveiling the Magic of Words: A Report on "**Expecting Emily**"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is actually awe-inspiring. Enter the realm of "**Expecting Emily**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound impact on the souls of its readers.

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