

## THE SKELETAL SYSTEM

### TASK 1. MULTIPLE CHOICE

- The bones of the skeletal system can be subdivided into two large groups, the \_\_\_\_\_ skeleton, and the \_\_\_\_\_ skeleton.  
A. pelvic / appendicular  
B. axial/ appendicular  
C. axial/ pectoral  
D. pectoral / pelvic
- The skull is subdivided into two parts: the \_\_\_\_\_ and the \_\_\_\_\_ portion.  
A. cranium / facial  
B. cranial / face  
C. cranial/ facial  
D. cranium/ face
- The \_\_\_\_\_ are the two bones that form the upper jaw.  
A. mandibles  
B. maxillae  
C. mandible  
D. maxilla
- The \_\_\_\_\_ are the two bones that form the lower jaw.  
A. mandibles  
B. maxillae  
C. mandible  
D. maxilla
- The zygomatic bones are also called the \_\_\_\_\_.  
A. jawbones  
B. wrist bones  
C. thigh bones  
D. cheekbones
- Skull bones are mostly connected by \_\_\_\_\_.  
A. ligaments  
B. tendons  
C. sutures  
D. cartilages
- Four or five small terminal vertebrae are also fused together to form the \_\_\_\_\_.  
A. coccyx  
B. sacrum  
C. atlas  
D. axis
- The \_\_\_\_\_ is composed of twelve pairs of ribs and the \_\_\_\_\_.  
A. sternum/ thorax  
B. thorax/ sternum  
C. thorax/ coccyx  
D. sacrum / sternum
- The appendicular skeleton \_\_\_\_\_ the skeleton of the upper and lower limbs.  
A. makes up  
B. consists  
C. forms  
D. A and C
- The arm bone is called the \_\_\_\_\_; the forearm bones are the \_\_\_\_\_ and the radius.  
A. fibula / ulna  
B. humerus/ tibia  
C. humerus / ulna  
D. tibia/ fibula
- There are eight \_\_\_\_\_ in each wrist, five \_\_\_\_\_ in each palm, three phalanges in each finger, and two phalanges in each thumb.  
A. carpals/ metacarpals  
B. carpals / metatarsals  
C. tarsals/ metatarsals  
D. tarsals/ metacarpals
- There are seven \_\_\_\_\_ in the ankle, five \_\_\_\_\_ in the middle of each foot, two phalanges in each big toe, and three phalanges in each other toe.  
A. carpals/ metacarpals  
B. carpals / metatarsals  
C. tarsals/ metatarsals  
D. tarsals/ metacarpals
- \_\_\_\_\_ their rigid nature, bones provide a framework for the body.  
A. Because of  
B. Due to  
C. Owing to  
D. All are correct.
- Together with skeletal muscles, tendons, ligaments and joints, the bones form the \_\_\_\_\_ machinery of human body.  
A. move  
B. moving  
C. moved  
D. moves
- All long bones have the red bone marrow, \_\_\_\_\_ hematopoietic stem cells, capable of producing blood cells.  
A. that contains  
B. which contain  
C. which contains  
D. that contain

# Multiple Choice Quiz Skeletal Muscular System

**M Mosston**



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web triggerpunkte diese in ruhe bei bewegung oder auf druck schmerzhaften verhärteten stellen in der muskulatur myofasziale triggerpunkte in bändern oder im sehnenbereich mit ausstrahlendem schmerz werden direkt mit procain infiltriert Über den zonen des ausstrahlenden schmerzes referred pain setzen wir quaddeln die

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web ein trigger therapeut ist darin geschult mit einem befund bestehend aus anamnese inspektion und dehnstests die entsprechenden triggerpunkte einzugrenzen und im rahmen der anschließenden behandlung systematisch und effektiv zu reduzieren

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