

Enhancing Sexuality

A
Problem-Solving
Approach

CLIENT *Workbook*

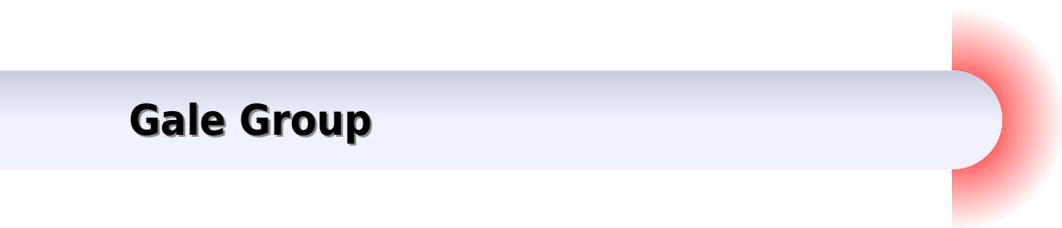
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this workbook presents a comprehensive program for solving sexual problems Part I includes basic information that is helpful for understanding sexual problems and sexual functioning in general Part II addresses specific sexual problems and provides information and strategies to alleviate and overcome them Finally Part III focuses on information and strategies to help you maintain the gains you've made Exercises for couples chapter review quizzes and user friendly worksheets can be found throughout the workbook and will help you increase your knowledge and understanding of sex and sexual relationships The information presented is based on research and has helped thousands of people like you and their partners solve sexual problems and prevent them from occurring again

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